

HELLO AUGUST <3

Happy August friends! 🎉🍷🍷🍷

Can you believe it's already August? As the summer days slowly wind down, we're waving goodbye to an incredible co-op season that has been filled with growth and learning.

Let's look ahead to the excitement and opportunities that the new academic season is sure to bring!

Biology & Pharmacology Help Centre

We're super excited to introduce the BioPharm Help Centre, a dedicated platform tailored to your needs! Whether you seek mentorship, have specific queries, or need advice on anything related to the program or life beyond Mac, our volunteer mentors are here for you!!

Feel free to reach out to multiple mentors and explore the BioPharm Help Centre by clicking this link [here](#).

If you're interested in being a mentor, please sign up using this form [here](#).

Lastly, do not forget to check out [linktree](#) for updated resources!

THIRD YEARS

As you soak up the summer sun, remember to enjoy these well-deserved moments of relaxation. Alongside your adventures it is also the perfect time to get ready for the upcoming academic year.

Ensure you are enrolled in all your mandatory courses by September and if you are having trouble, do not hesitate to reach out to our BioPharm Admin, Tara Young (biopharm@mcmaster.ca)

If you have any questions about mandatory courses or electives, feel free to reach out to any of the execs, students or professors for advice!

Don't be shy we would love to help out and make your transition into BioPharm a smooth one :)

📅 Course Enrollment

Register in all your courses for the 2023-2024 academic year.

🗨️ Introductions

Network and socialize with your fellow third year peers and upper years as well.

📄 Spring/Summer OSAP Applications

As a full-time student over the summer, you may still qualify for OSAP funding to help offset the cost of co-op tuition, rent, etc. If you've applied and qualified for OSAP in the fall/winter semester, fill out this [form](#) and upload it to this [MacDrive link](#) with the document named "LAST NAME_first name_(McMaster student#)". You can access the [McMaster Aids and Awards](#) website for more information. It will take 4-6 weeks to receive an update, so make sure to apply early!

FOURTH YEARS

Congratulations! You are approaching the final stretch of your current co-op. Take a moment to reflect on your learning, experiences and valuable connections you have made. Next up is your second co-op! Whether you are starting a fresh new co-op adventure or continuing the enriching journey you're already on, we're excited to hear your experiences!

Remember, securing your fall co-op by now is key, ensuring a smooth transition. If you plan on extending your co-op, do discuss it with your supervisor earlier than later. Feel free to reach out to Sarah Bell from the SCCE co-op office or your mentors for any help or guidance.

Lastly, make sure you have completed your site visit or that it has been booked already with Alex. If you plan on taking Fall courses during your work term you will need to obtain approval from Dr. Huizinga.

📅 Work Term Presentation & Site Visit

Book your site visit with your supervisor and work on end of work term presentation.

📄 OSCAR+ Learning Objectives

Complete and upload your learning objectives document by June 9th

📄 OSCAR+ Work Term Record

Upload your letter of job offer and update other necessary details

🔍 Co-op Job Hunt Fall 2023

Begin looking for another placement for this Fall.

FIFTH YEARS

Congratulations! You have completed your final co-op term and now guess what? You're officially on the next big step - your senior thesis!

You should be looking to secure a thesis placement by now. Ensure you have filled out the thesis approval form and submitted it to Tara Young and registered in the course PHARMAC 4T15 on mosaic.

This year, you have to complete a work term symposium for your co-op on September 13th. Do not forget to submitted your posters to the SCCEE co-op office by August 18th at 4:00pm.

Cannot wait to see everyone's amazing co-op experiences!

📅 Site Visit & Work Term Symposium

Book your site visit and work on your poster presentation.

📄 OSCAR+ Learning Objectives

Complete and upload your learning objectives document by June 9th.

📄 OSCAR+ Work Term Record

Upload your letter of job offer and update other necessary details.

🔍 Thesis Placement

Start thinking about potential thesis placements!

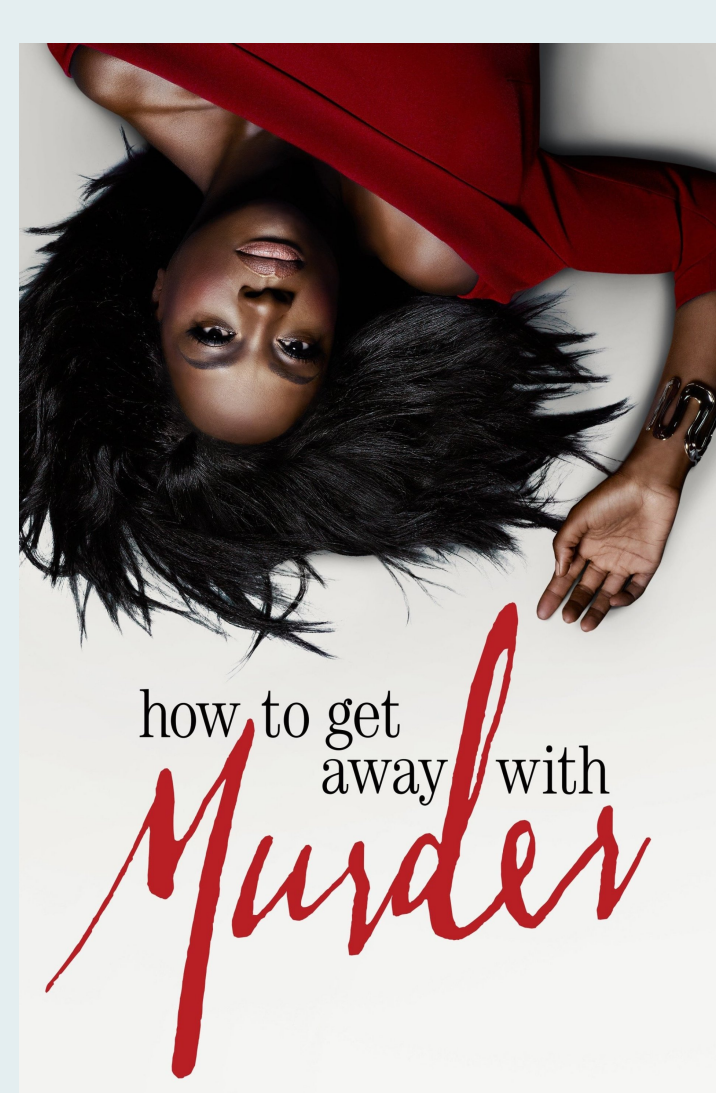
📄 Spring/Summer OSAP Applications

As a full-time student over the summer, you may still qualify for OSAP funding to help offset the cost of co-op tuition, rent, etc. If you've applied and qualified for OSAP in the fall/winter semester, fill out this [form](#) and upload it to this [MacDrive link](#) with the document named "LAST NAME_first name_(McMaster student#)". You can access the [McMaster Aids and Awards](#) website for more information. It will take 4-6 weeks to receive an update, so make sure to apply early!

Come follow us, we would love to connect! <3



RECOMMENDATIONS



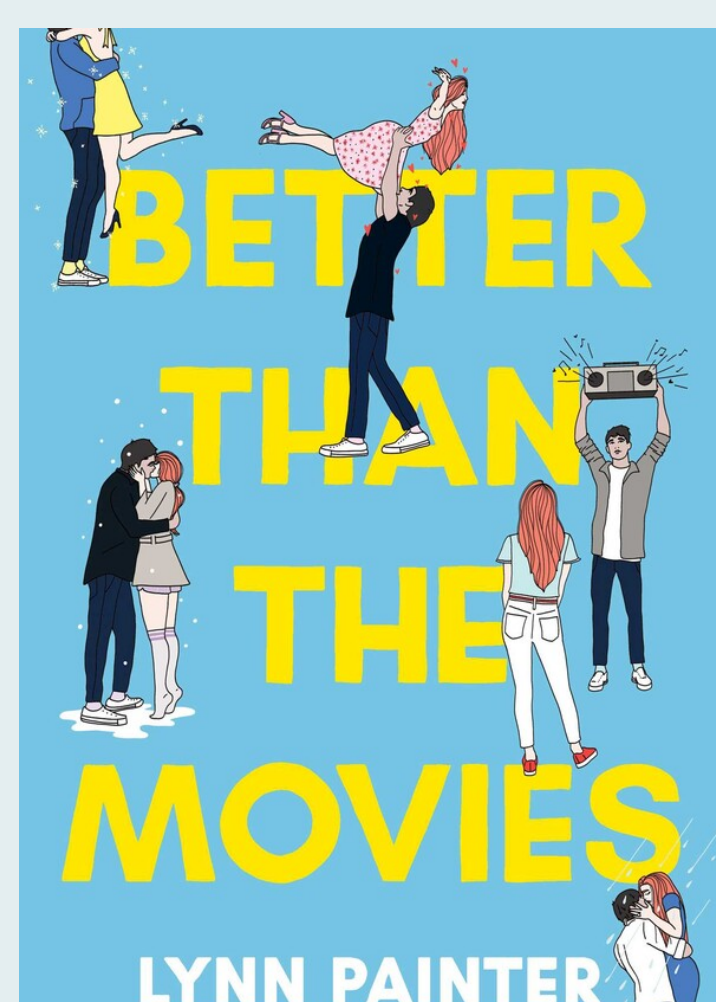
TV SHOW HOW TO GET AWAY WITH MURDER

The show's non-linear narrative and suspenseful storytelling keep viewers hooked as they unravel the complexities of the characters' lives and the criminal justice system.



TV SHOW SUITS

Follows Mike Ross, a talented college dropout who starts practicing law without a degree, teaming up with Harvey Specter to tackle intricate legal cases while concealing his secret.



BOOK BETTER THAN THE MOVIES

The novel tells the story of Liz Buxbaum, a senior in high school with a passion for romance movies inherited from her late mother.



MOVIE THE SWIMMERS

Based on a true story, it follows the journey from war-torn Syria to the 2016 Rio Olympics. Two young sisters embark on a harrowing journey as refugees, putting their hearts and champion swimming skills to heroic use.

BIOPHARM PETS

Meet Nazmul's Hamster:

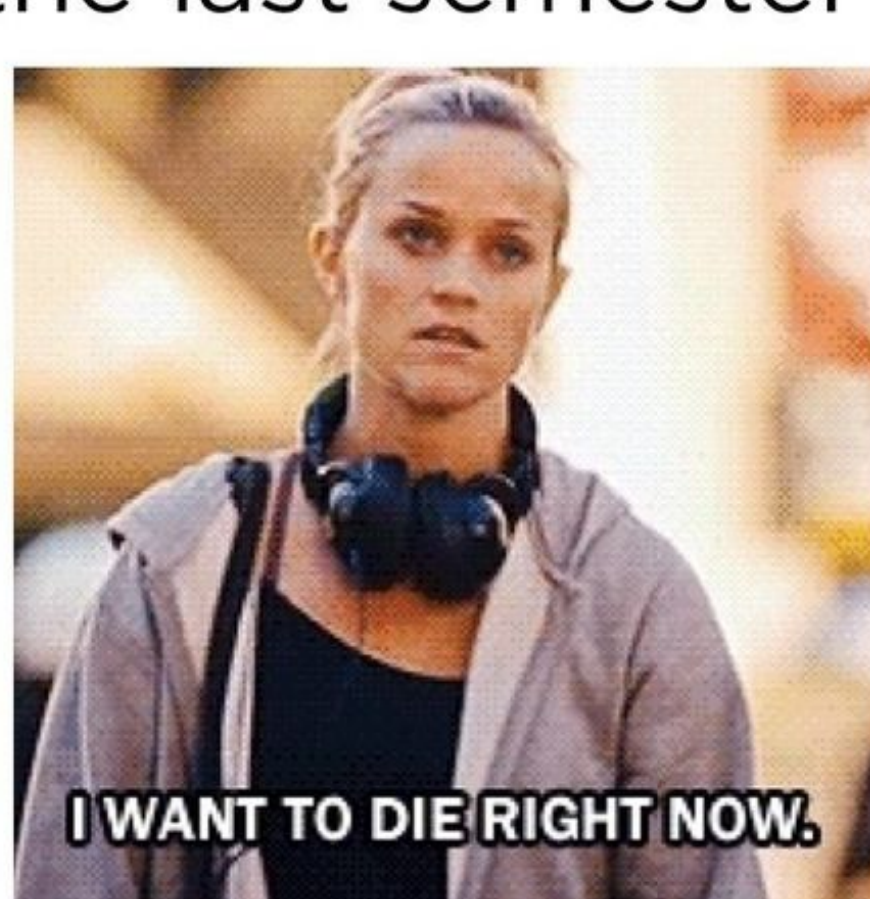
RUFUS 🐹

Hide-and-squeek is what I love to play hehe :)



MEME OF THE MONTH

me on the first day of uni
vs. me in the last semester



Think you're cool?

Share any recommendations, your pet, or next month's meme here!